

A Level Physical Education



Exam Board: OCR
Syllabus Number: AS- H154
A2- H554

Why A Level PE?

A Level PE is for those students who enjoy and play sport on a regular basis and who want to adopt the role of a coach or official. The nature of the course allows you to explore the Physiology, Psychology and Sociology of the performance athlete and can lead to numerous career opportunities from sports equipment design to physiotherapy.

Entry Requirements

We want students who

- Who participate in sport outside of school at a club on a regular basis
- Have a real interest and enthusiasm for sport and the performance athlete
- Who are motivated and independent learners

Students should gain a Grade C or above in Science GCSE. Also, it is an advantage to have successfully completed GCSE PE. However, this is discussed on an individual basis.

Assessment and Examinations (AS)

Unit G451 An Introduction to Physical Education (60% AS)

This is a 2 hour written paper on Anatomy & Physiology, Acquiring and Performing Movement Skills and Socio-cultural Studies

Unit G452 Acquiring, Developing & Evaluating Practical Skills in Physical (40% AS)

This involves selecting 2 practical activities from 2 different activity profiles (30%)

You will be assessed in one of the following 3 ways:

- Performance
- Coaching & Performance
- Officiating & Performance

You will also complete an evaluation & improvement in performance both activity profiles (10%)

Assessment and Examinations (A2)

Unit G453 Principles & Concepts Across Different Areas of Physical Education (35% A2)

This is a 2.5h synoptic assessment which is a written paper covering all areas of the course

Unit G454 The Improvement of Effective Performance and the Critical Evaluation of Practical Activities in Physical Education(15% A2)

You will be assessed in either performance/coaching **or** officiating one chosen activity that you selected at AS Level in Unit G452

Activity Profiles

Athletic Activities
Combat Activities
Dance Activities
Invasion Game Activities
Net/wall Game activities
Striking/Field Games
Target Game Activities
Gymnastics Activities
Outdoor & Adventurous Activities
Swimming Activities
Safe & Effective Exercise Activities

Further Information

If you have any further questions please do not hesitate to contact me on the following e-mail address: l.erm@hayesfield.com

Alternatively visit the OCR website: <http://www.ocr.org.uk/index.html>