

# HAYESFIELD SCHOOL TECHNOLOGY COLLEGE

## SEX AND RELATIONSHIP EDUCATION POLICY



**This policy revision has arisen as a result of a formal review which took place in 2004/05**

PSHE (Personal, Social and Health Education) is co-ordinated by an Assistant Headteacher in conjunction with the Heads of Year and the Head of PE and Personal Development. The curriculum is prepared by the Heads of Year and currently delivered by tutors. SRE (Sex and Relationships Education) is part of this curriculum.

This policy has been prepared by the Heads of Year with the Heads of School, the School Nurse and the Health Promotion Unit.

It is envisaged that this policy is now discussed with Governors and SMT and a Working Group with representatives from parents, staff and school council. The Working Group will be responsible for reviewing the policy on an annual basis.

### 1. Definition and aims

SRE education is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect love and care. It is also about the teaching of sex, sexuality and sexual health.

### 2. Objectives

- To develop skills for appropriate decision making
- To develop assertiveness skills so students can act on decisions made
- To develop knowledge about sexual health and relationships
- To be aware of services available to them
- To develop an understanding of and respect for difference
- To meet the Government's requirements on education about HIV/AIDS and other sexually transmitted infections

### 3. Parents

**“The prime responsibility for bringing up children rests with parents”**

Education Act '93 Sex Education in Schools Circular 5/94

Parents have access to the sex education programme and can view the materials used. The Heads of Year and the School Nurse will discuss the programme as requested.

Parents are informed through the school newsletter when sensitive topics are to be discussed in the PSHE programme. Parents are invited to an information evening every two years to discuss methods of teaching and content of SRE. Parents have the right to withdraw their child from sex education through PSHE but not from the national curriculum.

### 4. Confidentiality

Teachers cannot offer or guarantee pupils unconditional confidentiality. Should issues of a sensitive nature arise, the school, whilst providing maximum support for the student, will aim to involve parents and/or any relevant support agency.

The school does provide opportunity for any pupil to speak in confidence to the school nurse. Pupils are encouraged to discuss issues with their tutor or Head of Year.

The school's response to confidentiality is to maintain the safety of the pupil in the first instance.

## **5. Organisation and Delivery**

The form tutor delivers PSHE in years 7-11, through 15 hours of lesson time and 10 Additional Studies sessions; SRE is part of this programme of study.

If a tutor does not want to teach SRE, arrangements are made for another member of staff or the school nurse to cover the lessons. Where possible and appropriate, health professionals provide the curriculum. In addition, some aspects of sex education and HIV/AIDS are delivered through the Science National Curriculum.

Where time allows, a spiral model of curriculum will be followed. A topic may be revisited in different years to ensure the range of maturity and understanding is catered for.

SRE lessons provide accurate good quality information but it is as important to promote skills of decision-making, personal reflection and assertiveness through appropriate teaching and learning styles.

PSHE lessons are monitored and evaluated through observation, team teaching and pupil evaluations.

## **6. Information available to Students**

The School Nurse runs two drop in clinics in school:

Upper School	Monday am
Lower School	Wednesday lunchtime

Leaflets are available on various health issues including contraception.

## **7. SRE Curriculum at Hayesfield**

**Year 7** Relationships – friendships/bullying  
People who influence us  
Puberty – changes/rights over our body/school nurse  
Resolving conflicts fairly

**Year 8** Body Image – self image (2)

	<p>Healthy diets (2)  Assertiveness not aggression  Rights and responsibilities</p>
<b>Year 9</b>	<p>Relationships with parents  Contraception  Relationships  HIV/AIDS  Sexually Transmitted diseases</p>
<b>Year 10</b>	<p>Update on contraception and STI's  Teenage Pregnancy  Make Love Last – video on relationships  Positive images  Pressures on teenagers positive /negative  Off The Record – visit to teenage counselling service  Virtual Baby Project</p>
<b>Year 11</b>	<p>Visiting Paediatrician – growing up/confidentiality/questions  Mental Health  Abusive relationships/choosing relationships  Video: The Things We Don't Want to Talk About – Prostitution and Domestic Violence</p> <p>Women's Health  Support Agencies – Additional studies</p>

## 8. Future Recommendations

Following two half day conferences for Heads of Year funded by the LEA Teenage Pregnancy Strategy and a survey of all teaching staff on PSHE and SRE, the following action points were agreed. These have been in place since September 2003 following ratification by SLT and Governors.

- Request that a school counsellor/school nurse post is on the Shadow Staffing Structure
- PSHE and SRE is taught in specialist teams
- Increase the amount of PSHE teaching time
- Move contraception education into Year 8
- Increase work on self-harming and body image in Year 9
- Develop peer education
- Maintain the spiral curriculum

CR/Sept 2005